

Oswego Maritime Foundation

Chartered in 1980, OMF is a non-profit, volunteer organization dedicated to public service through maritime-related education, recreation and research. The OMF Education Center and office is located in the historic Maritime District of Oswego and is open seasonally although we receive and respond to telephone messages, email and USPS mail year round.

OMF programs provide opportunities to:

- Develop life-long boating skills
- Participate in and experience the enjoyment of community-based water activities.
- Gain experience in the safe operation of a variety of vessel types (power boats, sail boats and unconventional water craft).
- Develop an awareness of and respect for Great Lakes history, resources, heritage and the aquatic ecosystem.

OMF Advantage

Experienced US Sailing Certified instructors and quality curriculum.



OMF Advantage

Small student groups are offered hands-on experience with group safety



OMF Advantage

Oswego harbor provides a safe sailing experience



Contact us today:

Oswego Maritime Foundation
Office (315) 342-5753
Email: oswegomarit@peoplepc.com
Web Site: www.OswegoMaritime.org



Oswego Maritime Foundation

*11 Lake Street
Oswego, NY 13126*

Oswego Maritime Foundation

**Sailing Lessons for
Youth and adult!**

**2009 Summer
Sailing Program**



Located in the protected
harbor of Oswego's
historic Maritime
District

**Learn to Sail on the
Great Lake Ontario**

NRG Introduction to Youth Community Boating Safety

This course is a community service available to youth from throughout Central New York sponsored by a grant from NRG Energy. Oswego Maritime Foundation began this program in 1985 and it continues today.

This introductory five-hour, two day course focuses on boating and personal water safety as the students are introduced to sailing fundamentals, safe boat handling and basic water survival; all serving to help the student determine if they are interested in pursuing additional instruction. The course is open to student's age 9 to 17 years who have not previously participated in this or other Oswego Maritime Foundation courses. There is a \$10.00 commitment fee, refundable on completion of the course or applicable toward course fees for additional instruction

This course is taught by experienced US Sailing Association certified instructors. The time and enrollment is very limited as the course quickly fills each year. Early enrollment is strongly encouraged to ensure your spot in the course.

Youth Community Boating Safety Learn to Sail

Oswego Maritime Foundation's flagship program designed to "waterproof our youth. This Learn to Sail program has served as a model for other community sailing programs and has a long history of successfully teaching basic sailing skills and life values that translate into everyday life as students learn to face challenges, overcome obstacles and develop self-confidence.

Students learn sailing fundamentals, safe boat handling and water survival. All students practice floating fully clothed wearing a personal floatation device, boating safety techniques, capsize survival and recovery, hypothermia prevention and emergency signals.

This is a ten-hour course completed over a 4 day period and is open for children ages 9 to 17. It is taught by experienced US Sailing Association certified instructors with a low student to instructor ratio to ensure a positive and safe learning experience.

Red Book / Small Boat Sailor Course

This U.S. Sailing based course is for students who have completed the OMF Youth Community Boating Safety – Learn to Sail course. Each sailor learns to solo sail in this course that teaches 27 sailing skills including rigging, knots, and the rules of the road. This course can lead students to national certification by U.S. Sailing Association.

Adult Sailing Courses

Adult sailing is taught on a variety of vessels from the small lateen-rig OMF boats to the latest addition to the OMF Fleet, a 24' Bristol sloop rig keel boat. Sailors enjoy the safety of the Oswego Harbor and can venture onto Lake Ontario as skills and conditions permit.

All instructors are experienced U.S. Sailing Association certified. Classes meet Monday/Wednesday or Tuesday/Thursday evenings for two weeks or on for weekend sessions if necessary.

Adult Basic: Adults who are just starting out should enroll in our ten-hour Adult Basic sailing course which mirrors the YCBS course except steers toward to adult learner. Learn personal safety, terminology, rigging, knots, landing, steering, stopping, and more.

Adult Intermediate: This course is the next step in sailing skills for the adult sailor. The course includes single and sloop rigged vessels, specific points of sail and sail trim skills. Prerequisite: Completion of Adult Basic course or at instructors discretion.

Adult Advanced: This is the final step in OMF's three-step adult sailing program. The focus in this course is mostly on-the-water experience using various vessels with mainsail, jib, genoa, spinnaker and other more technical gear. The emphasis is on developing skills on a more individual basis. Prerequisite: Adult Basic, Intermediate or at the instructors discretion where the student can provide documentation of previous sailing experience.

Contact us today:

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Email: oswegomarit@peoplepc.com

2009 OMF Sailing Course Schedule & Fees

NRG Introduction to Youth Community Boating Safety – Free *

June 29 – 30

AM Session: 9:00 – 11:30

July 1 – 2

PM Session: 1:00 – 3:30

* \$10:00 Registration Fee, Refundable/Exchangeable upon completion.

OMF YCBS Youth Community Boating Safety – Learn to Sail \$45.00

July 6 – 9

July 13 – 16

July 27 – 30 (am)

Aug 3 – 6 (am)

Indicate preferred session in class date box.

AM Session: 9:00 – 11:30

PM Session: 1:00 – 3:30

Red Book / Small Boat Sailor \$55.00

July 27 – 30 (pm)

Aug 3 – 6 (pm)

Aug 10 – 13

Aug 17 – 20

Aug 24 – 27

Indicate preferred session in class date box.

AM Session: 9:00 – 11:30

PM Session: 1:00 – 3:30

Adult Sailing Classes \$180.00

Monday/Wednesday

Tuesday/Thursday

June 15, 17, 22, 24

June 16, 18, 23, 25

June 29, July 1, 6, 8

June 30, July 2, 7, 9

July 13, 15, 20, 22

July 27, 29, Aug 3, 5

July 28, 30, Aug 4, 6

Aug 10, 12, 17, 19

Aug 11, 13, 18, 20

Aug 24, 26, 31, Sept. 2

Aug 25, 27, Sept. 1, 3

All adult classes are held between 6:00–8:30 p.m. unless other arrangements are made. Indicate level of instruction in class date box: A = Advanced, I = Intermediate, B = Basic.

Special Interest Groups: Call 315-342-5753 to discuss your group. Private or Semi-private lessons available for special circumstances.

Name _____

Street/Mailing Address _____

City, State, Zip _____

Phone(s) _____

Email _____

Mail completed form with payment to:

Oswego Maritime Foundation
11 Lake Street
Oswego, NY 13126